



INSPIRATION
SCOTLAND

Song paths – singing and excursions in the Highlands – a trip for women

Singing fills us with energy and joy for life. Singing amongst the beauty of the Scottish Highlands makes this trip into a treat for the senses.

Christiane has more than 30 years of experience leading choirs and singing groups, in Germany and since 2008 in Scotland. Recently she started writing her own songs.

This trip will enthrall those who love singing and are keen to learn new songs, but also for song leaders and teachers who want to find some inspiration and new songs for their groups and classes.

Following breakfast and dinner we will be singing together amidst the stunning Highland scenery. During the days we will travel to beautiful places both in the Highlands and on the shore, where we will walk together and sing amongst nature. These trips will include plenty of time to rest and relax in our house, gardens and the surrounding area, to go to a nearby Café, or to go swimming in Loch Bran or Loch Mhor. (At the beginning of September the temperatures are very pleasant)

This trip is bilingual, so that there is the opportunity for people to improve their German.

During our travels we will be singing at some very special places:

- Nairn beach and Clava Cairns, a Neolithic Stone Circle built more than 5000 years ago
- In a cave on the Black Isle, near Rosemarkie, where we will also look out for Dolphins
- At a viewpoint in our Strath where a pictish Chief found his final resting place, the Suidhe
- At Loch Ness
- At Lady Falls, near Fort Augustus

Date and price

05.09.-12.09.2020

£ 820.00 extra costs for single room £ 130.00

Included: group Transfer from/to Inverness around 5 pm on the day of arrival (Train station, Bus station or airport), 7 evening meals and breakfasts, packed lunch, accommodation, Course, guided walks and excursions, meditation and guided walks. All transfers to the walks



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Itinerary

- On 5 days singing in the morning and evening
- A free day, with the opportunity to take the bus to Inverness, or have a rest day
- Trip to the stone circle Clava Cairns and a walk on the beach at Nairn
- Walk to the Falls of Foyers and Loch Ness
- A Trip to the Suidhe, which gives wonderful views of our Strath, a walk to Lady Falls, and to Fort Augustus
- A trip to the Black Isle, walk on the beach at Rosemarkie to a cave and to Chanonry Point to look for dolphins

Kitlist

- Musical instrument (if possible)
- Daypack
- Waterproof boots, waterproof trousers and jacket, a hat
- Sit mat
- Small thermos and cup or drinking bottle
- Box for packed lunch
- Midge repellent
- Walking sticks if deemed necessary

Helpful hints

Trips will run with a minimum of 3 people.

You can travel here by different means and we are more than happy to help you to choose the one that suits you best.

The nearest airport is Inverness with direct flights from London and Amsterdam.

Aberdeen and Edinburgh airport have good connections to Inverness by bus and train.

We serve vegetarian food. If you have any diet restrictions, medical conditions and allergies please let us know well in advance!

It is possible to prolong your stay at our house. If you are interested please ask for prices.

WIFI is included in the price of the trip.